

SUPERHEROES RACE FOR THE CURE 5K
Sewell NJ October 30 2016

Place	Bib#	Name	Gen	Age	City	St	Chip	Gun	Pace	Div/Tot	Div	Gen/Tot	G
1	313	Brian Cackowski	M	16	MARLTON	NJ	23:12	23:14	7:29	Male	Winner	1/20	M
2	356	Fernando Gisone	M	54	PALMYRA	NJ	23:14	23:18	7:30	2nd	Male	2/20	M
3	357	John Dugan	M	53	DEPTFORD	NJ	23:25	23:28	7:33	1/4	M50-59	3/20	M
4	359	Robert Allen	M	48	MT ROYAL	NJ	23:31	23:34	7:35	1/4	M40-49	4/20	M
5	341	Daniel McDowell	M	13	PHILADELPHIA	PA	23:30	23:34	7:36	1/4	M14&UND	5/20	M
6	358	Nicholas Allen	M	12	MT ROYAL	NJ	23:32	23:35	7:36	2/4	M14&UND	6/20	M
7	338	Nicole Marasa	F	35	BLACKWOOD	NJ	23:37	23:39	7:37	Female	Winner	1/29	F
8	355	Paul Viggiano	M	60	HADDON HEIGH	NJ	24:43	24:49	7:59	1/5	M60+	7/20	M
9	366	Heriberto Quintana	M	46	PHILADELPHIA	PA	24:44	24:50	8:00	2/4	M40-49	8/20	M
10	347	Linda Pasquella	F	50	FRANKLINVILL	NJ	24:59	25:01	8:03	2nd	Female	2/29	F
11	360	Joseph Graves	M	68	SOMERDALE,	NJ	26:28	26:34	8:33	2/5	M60+	9/20	M
12	316	Thomas Campo	M	70	WOODBURY	NJ	27:21	27:25	8:50	3/5	M60+	10/20	M
13	361	Barbie Metzger	F	45	CLAYTON	NJ	28:06	28:09	9:04	1/11	F40-49	3/29	F
14	362	Keith Wittstock	M	52	SICKLERVILLE	NJ	29:35	29:40	9:33	2/4	M50-59	11/20	M
15	367	St[hanie Lyons	F	49	SEWELL	NJ	30:59	31:03	10:00	2/11	F40-49	4/29	F
16	368	Carol Cianci	F	52	SEWELL	NJ	31:00	31:03	10:00	1/2	F50-59	5/29	F
17	314	Lauren Cackowski	F	23	MARLTON	NJ	31:47	31:53	10:16	1/4	F20-29	6/29	F
18	371	Rachael Mandel	F	34	CRANFORD	NJ	32:18	32:23	10:26	1/4	F30-39	7/29	F
19	340	Bill McDowell	M	47	PHILADELPHIA	PA	33:27	33:35	10:49	3/4	M40-49	12/20	M
20	293	Melinda Bisciegli	F	39	EGG HARBOR T	NJ	33:35	33:42	10:51	2/4	F30-39	8/29	F
21	328	Annis Green	F	48	SICKLERVILLE	NJ	33:32	33:43	10:51	3/11	F40-49	9/29	F
22	344	Danielle O'Callahan	F	23	MARLTON	NJ	33:47	33:53	10:55	2/4	F20-29	10/29	F
23	333	Linda Hoffman	F	57	VOORHEES	NJ	34:38	34:48	11:12	2/2	F50-59	11/29	F
24	364	Eric Chappelle	M	32	PHILADELPHIA	PA	35:01	35:05	11:18	1/1	M30-39	13/20	M
25	318	Claire Chappelle	F	60	PHILADELPHIA	PA	35:02	35:05	11:18	1/4	F60+	12/29	F
26	322	Julien Espinola	M	13	MOUNT ROYAL	NJ	36:08	36:11	11:39	3/4	M14&UND	14/20	M
27	349	Gerard Sprinitis	M	42	SICKLERVILLE	NJ	36:35	36:35	11:47	4/4	M40-49	15/20	M
28	370	Haylee Sprinitis	F	11	SICKLERVILLE	NJ	36:30	36:36	11:47	1/2	F14&UND	13/29	F
29	363	Kelly Donoghue	F	44	GLASSBORO	NJ	37:18	37:23	12:02	4/11	F40-49	14/29	F
30	326	Jeanette Gibson	F	49	MEDFORD	NJ	37:14	37:23	12:02	5/11	F40-49	15/29	F
31	311	Christian Bracht	M	12	CLAYTON	NJ	37:54	37:59	12:14	4/4	M14&UND	16/20	M
32	284	Lauren Bariglio	F	26	VINELAND	NJ	37:59	38:04	12:16	3/4	F20-29	16/29	F
33	319	Brianna D'Argenzio	F	26	BLACKWOOD	NJ	38:12	38:17	12:20	4/4	F20-29	17/29	F
34	323	Juvil Espinola	F	45	MOUNT ROYAL	NJ	38:25	38:33	12:25	6/11	F40-49	18/29	F
35	352	Confe Tee	F	42	MOUNT ROYAL	NJ	38:25	38:34	12:25	7/11	F40-49	19/29	F
36	350	Jaime Sprinitis	F	39	SICKLERVILLE	NJ	38:38	38:43	12:28	3/4	F30-39	20/29	F
37	329	Danielle Hand	F	43	SEWELL	NJ	38:53	38:59	12:33	8/11	F40-49	21/29	F
38	372	Tim Fornes	M	50	RUNNEMEDE	NJ	39:10	39:19	12:40	3/4	M50-59	17/20	M
39	353	Lisa Thomas	F	42	SEWELL	NJ	39:27	39:33	12:44	9/11	F40-49	22/29	F
40	342	Monica McDowell	F	46	PHILADELPHIA	PA	44:03	44:10	14:13	10/11	F40-49	23/29	F
41	335	Liz Labar	F	33	VOORHEES	NJ	45:33	45:38	14:41	4/4	F30-39	24/29	F
42	351	Christine Stucke	F	49	MEDFORD	NJ	45:57	46:05	14:50	11/11	F40-49	25/29	F
43	336	Lorrie Mandel	F	62	CLARK	NJ	46:22	46:28	14:58	2/4	F60+	26/29	F
44	337	Michael Mandel	M	62	CLARK	NJ	46:22	46:29	14:58	4/5	M60+	18/20	M
45	339	Maryann Mason	F	62	MEDFORD LAKE	NJ	48:11	48:21	15:34	3/4	F60+	27/29	F
46	343	Shannan McDowell	F	14	PHILADELPHIA	PA	50:01	50:08	16:09	2/2	F14&UND	28/29	F
47	369	Maggie Rooney	F	60	MT LAUREL	NJ	1:00:49	1:01:00	19:38	4/4	F60+	29/29	F
48	317	Kevin Cassidy	M	56	CLAYTON	NJ	1:00:52	1:01:03	19:39	4/4	M50-59	19/20	M
49	373	Joe Powell	M	69	CHERRY HILL	NJ	1:02:59	1:02:59	20:17	5/5	M60+	20/20	M

OVERALL WINNERS - 5K

TOP MALE FINISHERS

Place	O'All	Bib#	Name	Ag	City	St	Time
1	1	313	Brian Cackowski	16	MARLTON	NJ	23:14
2	2	356	Fernando Gisone	54	PALMYRA	NJ	23:18
3	3	357	John Dugan	53	DEPTFORD	NJ	23:28

TOP FEMALE FINISHERS

Place	O'All	Bib#	Name	Ag	City	St	Time
1	7	338	Nicole Marasa	35	BLACKWOOD	NJ	23:39
2	10	347	Linda Pasquella	50	FRANKLINVILL	NJ	25:01
3	13	361	Barbie Metzger	45	CLAYTON	NJ	28:09

5K AGE-GROUP RESULTS

MALE AGE GROUP: 1 - 14 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	5	341	Daniel McDowell	13	PHILADELPHIA	PA	23:34
2	6	358	Nicholas Allen	12	MT ROYAL	NJ	23:35
3	26	322	Julien Espinola	13	MOUNT ROYAL	NJ	36:11
4	31	311	Christian Bracht	12	CLAYTON	NJ	37:59

FEMALE AGE GROUP: 1 - 14 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	28	370	Haylee Sprinitis	11	SICKLERVILLE	NJ	36:36
2	46	343	Shannan McDowell	14	PHILADELPHIA	PA	50:08

FEMALE AGE GROUP: 20 - 29 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	17	314	Lauren Cackowski	23	MARLTON	NJ	31:53
2	22	344	Danielle O'Callahan	23	MARLTON	NJ	33:53
3	32	284	Lauren Bariglio	26	VINELAND	NJ	38:04
4	33	319	Brianna D'Argenzio	26	BLACKWOOD	NJ	38:17

MALE AGE GROUP: 30 - 39 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	24	364	Eric Chappelle	32	PHILADELPHIA	PA	35:05

FEMALE AGE GROUP: 30 - 39 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	18	371	Rachael Mandel	34	CRANFORD	NJ	32:23
2	20	293	Melinda Bisciegli	39	EGG HARBOR T	NJ	33:42
3	36	350	Jaime Sprinitis	39	SICKLERVILLE	NJ	38:43
4	41	335	Liz Labar	33	VOORHEES	NJ	45:38

MALE AGE GROUP: 40 - 49 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	4	359	Robert Allen	48	MT ROYAL	NJ	23:34
2	9	366	Heriberto Quintana	46	PHILADELPHIA	PA	24:50
3	19	340	Bill McDowell	47	PHILADELPHIA	PA	33:35
4	27	349	Gerard Sprinitis	42	SICKLERVILLE	NJ	36:35

FEMALE AGE GROUP: 40 - 49 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	13	361	Barbie Metzger	45	CLAYTON	NJ	28:09
2	15	367	St[hanie Lyons	49	SEWELL	NJ	31:03
3	21	328	Annis Green	48	SICKLERVILLE	NJ	33:43
4	29	363	Kelly Donoghue	44	GLASSBORO	NJ	37:23
5	30	326	Jeanette Gibson	49	MEDFORD	NJ	37:23

MALE AGE GROUP: 50 - 59 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	3	357	John Dugan	53	DEPTFORD	NJ	23:28
2	14	362	Keith Wittstock	52	SICKLERVILLE	NJ	29:40
3	38	372	Tim Fornes	50	RUNNEMEDE	NJ	39:19
4	48	317	Kevin Cassidy	56	CLAYTON	NJ	1:01:03

FEMALE AGE GROUP: 50 - 59 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	16	368	Carol Cianci	52	SEWELL	NJ	31:03
2	23	333	Linda Hoffman	57	VOORHEES	NJ	34:48

MALE AGE GROUP: 60 - 99 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	8	355	Paul Viggiano	60	HADDON HEIGH	NJ	24:49
2	11	360	Joseph Graves	68	SOMERDALE,	NJ	26:34
3	12	316	Thomas Campo	70	WOODBURY	NJ	27:25
4	44	337	Michael Mandel	62	CLARK	NJ	46:29
5	49	373	Joe Powell	69	CHERRY HILL	NJ	1:02:59

FEMALE AGE GROUP: 60 - 99 (2 WINNERS)

Place	O'All	Bib#	Name	Age	City	St	Time
1	25	318	Claire Chappelle	60	PHILADELPHIA	PA	35:05
2	43	336	Lorrie Mandel	62	CLARK	NJ	46:28
3	45	339	Maryann Mason	62	MEDFORD LAKE	NJ	48:21
4	47	369	Maggie Rooney	60	MT LAUREL	NJ	1:01:00