# Pineland Striders "Chilly Willy Frostbite 5K"
# Saturday, February 8th
# YMCA Camp Okanickon

SJTiming.com

## Chilly Willy 5K

Date: Saturday, February 8th 2014

Time: 9:00AM Race Start

Registration: 7:30AM—8:45AM

Location: 1303 Stokes Road
Medford, NJ 08055

COURSE

Out & back on McKendimen Road & unpaved trail section in Camp Okan-ickon

CONTACT Frank Messenger
SJTiming@yahoo.com
609 206 7555

AMENITIES

Gloves for all participants

BENEFITS

Shawnee HS Scholarship Fund

AWARDS

Trophies to top 3 males & females
Age Group awards male & female
3 deep: 0-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

## 2014 Race Entry Form

**Make Check or money order payable to The Pineland Striders and mail with your completed entry form to: Pineland Striders, 240 Park Ave. Marlton, NJ 08053**

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|---|---|---|
| Adult (19 & over) until February 6th | $12 | $ |
| Adult Race Day Registration | $20 | $ |
| 18 & Under Pre and day of Race | $10 | $ |
| Members Pineland Striders Pre & Day of Race | $12 | $ |

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|---|---|---|---|---|---|---|---|
| Bib # | | Please Print | | | | | |
| First Name | | | Last Name | | | | |
| Age | | Male | | Female | | Emergency Phone # | |
| Street | | City | | State | | Zip | |
| Email Address | | | | | | | |

Waiver: I understand that running is potentially hazardous and I should not enter and run unless properly trained. I assume all risks associated with running including weather, traffic and road conditions. I, for myself, and anyone entitled to act on my behalf, waive and release race organizers, sponsors, and their representatives and successors from all claims and liabilities of any kind arising in my entry in this event. I attest that I am physically fit and successfully trained for this event.

| | | | |
|---|---|---|---|
| Signature | | Date | |
| Guardian if 18 or under | | Date | |

RunSignUp.com

RoadID® It's Who I Am.